

C o o k C o u n t y

FOOD SHELVES _____

Grand Marais

Grand Marais Food Shelf
First Congregational Church
2nd Avenue W. & 3rd Street
(218) 387-1767
durfee@boreal.org
Mondays, 3 - 5pm
1st Wednesday, 5 - 7pm



Mother and Children Program (MAC) & Nutrition Assistance Program for Seniors (NAPS) _____

Monthly food boxes for seniors, mothers and children available in:
Grand Marais

For more information:
(218) 727-5653, ext. 112 or sandy@northernlakesfoodbank.org

SNAP (Food Stamps) _____

Cook County Public Health & Human Services, Grand Marais
101 W. Hwy 61
(218) 387-3620

Minnesota Food HelpLine _____

1 (888) 711-1151

If you or someone you know does not have enough food, call the MN HelpLine to find out if you qualify for SNAP and where to find emergency food assistance close to your home.

United Way 2-1-1 _____

United Way's 2-1-1 is an easy-to-remember, completely confidential telephone number that connects people with important information about food, housing, employment, childcare, transportation, health services, senior services and more.